

Kyläläinen

The Villager

2022
Kesä
Summer

Juhlimme 40 vuotta Sisu Celebrating 40 years of Sisu 1982—2022



The Sudbury Finnish Rest Home Society is 40 years young!

A membership Society, the Sudbury Finnish Rest Home Society is the owner of Finlandia Village. Founded in 1982, the Society's aim was to provide seniors' housing in a Finnish lifestyle. Governed by a twelve-member volunteer Board of Directors and the President, the Society has seen Finlandia Village evolve into a unique continuum of care facility. Its first building, Finlandiakoti was completed in 1984, followed by the Supportive Housing Palvelukoti, the Hoivakoti

Nursing Home and the Lepokoti Rest Home. In addition, life-lease Rivitalo townhouses and the Majatalo were built to accommodate Finnish interns and to appeal to everyone's needs in housing.

The Finnish word "koti" is part of all buildings and means "home". Prominently used is also the word "sisu", which means "perseverance, determination, grit", qualities exemplifying the strong will and spirit of the founding members of the Society. Our Sisu Foundation is also the fundraising arm of our Society. Finlandia Village now boasts a large membership, an army of volunteers and a workforce of about 300 taking care of our 400 multicultural residents. Our rich variety of amenities offer all residents activities both inside and outside.

Reijo Viitala, President of the SFRHS Board of Directors

Founders Day 2022

On May 26th, we gathered to celebrate 40 years of SISU at Finlandia Village and to proudly mark the 40th anniversary of the establishment of the Sudbury Finnish Rest Home Society.

We remember the many Founding Members, Ladies Auxiliary, Past Society Presidents, Board Members and volunteers whose legacy of hard work, commitment and vision continues to inspire us as we look to the future with hope and innovative thinking to the possibilities of the future.

Special guests included Founding Members Raili, Marjatta and Irene as well as the Ladies of Finlandia Village.

The Honorable Roy Eriksson, Finnish Ambassador to Canada made a visit to Sudbury to present Sudbury Finnish Rest Home Society President Reijo Viitala with a distinguished medal; Knight of the Order of the Lion of Finland - Suomen Leijonan Ritarikunnan Ritarimerkki.

Deputy Mayor Joselyn Landry Altmann attended with Ward 11 Councillor Bill Leduc to bring personal greetings from the City of Greater Sudbury. Greetings were proudly displayed as received from all levels of Government, and we are grateful for all these acknowledgments which will be shared with our Residents and teams.

Founded in the Finnish tradition, Finlandia Village has grown with the support of many; founders, leaders, volunteers, donors, and neighbours in our community.

Lämpimät kiitokset.





Finlandia Village



Employee Service Awards 2021-2022

Celebrating Our Employees

FINLANDIA NURSING HOME

40 Years

Anne Marie MacInnis

30 Years

Tuula Laari

20 Years

Donald Assinewai

Colleen Rajala

Scott Ranger

Yves Benoit

Mervin Zacher

Roni Fraser

15 Years

Monica Kopsala

Christina VanDruenen

Guy Simon

10 Years

Jeanna de la Morandiere

Jillian Rogers

Shawn Mathe

Holly Sonier

Kayla Rivait

Kimberly Vanalstine

Anne Neudert

Renee Bisailon

5 Years

Brittany Fournier

Angelita Zapatero

Percebel Sacolles

Jacqueline Visco

Kim Monaghan

FINLANDIA NURSING

HOME RETIREES

Janice Prete

Tuula Laari

Nancy Pernu

SUDBURY FINNISH REST HOME SOCIETY

20 Years

Pirjo Tastula

Tammy Gaudet

15 Years

Elizabeth McIlveen

10 Years

Milanka Pesukic

Terry Cebasek

Nelia Prestoza

Alann Ferlotte

5 Years

Patricia Clizia

Todd Dubreuil

Words of Appreciation

“How great is it to recognize staff who have chosen to dedicate their career to one organization such as Finlandia Village. In a day and age where many people jump from one job to another, it’s wonderful to see so many of our staff work 5, 10, 15 or 20+ years at the Village. Thank you for your dedication and hard work in serving our elderly residents.”

David Munch
Chief Executive Officer

“Contributions to Finlandia Village’s success and growth is because of commitment and dedication of passionate employees like yourself. Thank you for your hard work and years of service to our residents. Each of you is an inspiration to us all and please accept this sincere appreciation for being such a dedicated and valuable employee.”

Angela Patrick
Administrator



Thank you... such a simple word; it's often underrated. And yet, in truth, it's always good to feel appreciated. So here's our chance to say it! It's absolutely true...
From our residents and staff, **we thank you!**



New Horizons for Seniors Program — Kotopiha Garden Initiative, Manty Renovation

Finlandia Village is pleased to announce that we have received funding under the Government of Canada's New Horizons for Seniors Program for Phase II of our Kotopiha Garden Initiative, Manty Courtyard renovation.

This federal grants and contributions program supports projects that are led or inspired by seniors who are making a difference in the lives of others in their communities.

The funds will be used to upgrade walkways, cement platforms, door thresholds, furniture, gazebo, garden beds and outdoor activities.

Thank you to the Government of Canada's New Horizons for Seniors Program for the funding support provided to Finlandia Village. It will make a significant difference in the lives of seniors in our community.

For more information, visit: Canada.ca New Horizons for Seniors Program – Community-based projects.

New Horizons Senioriohjelma — Kotopiha-aloite, Mänty-pihan kunnostus

Meillä on ilo ilmoittaa, että Finlandiakylä on saanut rahoitusta Kanadan hallituksen New Horizons Senioriohjelmasta Mänty-osaston sisäpihan kunnostamisen toista vaihetta varten.

Tämä liittovaltion ohjelma tukee projekteja, joiden johdossa tai inspiraationa ovat seniorit, jotka auttavat parantamaan yhteisöjensä jäsenten elämänlaatua.

Myönnetyt varat käytetään kävelyteiden kunnostamiseen, sementtitasanteisiin, ovikynnyksiin, pihakalusteisiin, huvimajaan, kasvipenkkeihin ja ulkoilmatoimintaan.

Olemme kiitollisia Kanadan hallituksen New Horizons senioriohjelmalle Finlandia-kylälle myönnetystä rahoituksesta. Se tulee rikastuttamaan merkittävästi yhteisömme senioreiden elämää.

Lisätietoa netistä: Canada.ca New Horizons for Seniors Program – Community-based projects.

Programme Nouveaux Horizons pour les aînés - Initiative du jardin Kotopiha, rénovation de Manty

Finlandia Village est heureux d'annoncer que nous avons reçu une subvention du programme Nouveaux Horizons pour les aînés du gouvernement du Canada pour la phase II de notre initiative du jardin Kotopiha, rénovation de la cour de Manty.

Ce programme fédéral de subventions et de contributions soutient les projets dirigés ou inspirés par des aînés qui font une différence dans la vie des autres membres de leur communauté.

Les fonds serviront à améliorer les allées, les plateformes en ciment, les seuils de porte, les meubles, le gazebo, les plates-bandes et les activités extérieures.

Nous remercions le programme Nouveaux Horizons pour les aînés du gouvernement du Canada pour le soutien financier accordé à Finlandia Village. Il fera une différence importante dans la vie des aînés de notre communauté.

Pour plus d'information, visitez le site Canada.ca Programme Nouveaux Horizons pour les aînés - Projets communautaires.

MANTY COURTYARD APRIL 2022




PROGRESS AS OF JULY 2022




SNEAK PEEK 3D RENDERING OF PROPOSED COMPLETED PROJECT



Volunteer opportunities are available!!

 Become a valuable member of our Green Team fun crew and committee.

 **Green Thumbs are NOT mandatory!!** 

Please contact **Jeanna at 705-524-3137 extension 269** for more information. 

Community Partnership Awards

2022

Finlandia Village receives 2022 Rainbow School Board Community Partnership Award



Finlandia Village has been working in partnership with Lasalle Secondary School for more than a decade. It started with their support of the Memoirs Writing Project. Students interviewed residents to capture their rich life stories in words and photos. The partnership has since evolved to focus on active living for seniors to enhance their quality of life.

The entire Lasalle Secondary School community is committed to promoting health and wellness for all. To date, more than \$100,000 has been raised for the Finlandia SISU Charitable Foundation through the annual Sling-Choker SISU Family Walk. Most recently, Lasalle participated in the Around Australia walking challenge, a fundraising journey of 14 million steps for the ongoing expansion of walking trails.

Finlandia Village is an important partner in education. When students are engaged in the community, they learn lessons that last a lifetime.

Accepting the award on behalf of Finlandia Village is Chief Executive Officer David Munch.

Stitching our Roots - The Threads of our Lifetime

The goal of this project was to interpret the history of Finnish immigration to Canada, and to depict the culture and life of Finnish Canadians in a tactile and vibrant art installation.

The textile element of this installation titled "Stitching our Roots" is a composition of small squares on antique linens, which were embroidered by Finlandia Village residents. They symbolize decades of stories literally woven within the antique tablecloths and napkins used in this piece. The three strong silver birch trees illustrate Sisu in a visual form - the perseverance of the Finnish national tree despite the elements, disease and exposure to herbicides. The rows of horizontal stitches echo the traditional rag rug, with its long history as an important part of Finnish cultural heritage.

The four panels titled "The Threads of our Lifetime" tell a story of the importance of Northern Ontario nature to early immigrants in search of a landscape to call home. Finnish people have an extraordinarily close relationship with nature and the changing seasons. This vibrant polyptych serves as a reminder that the flow of nature has, and will continue to be, a significant part of the Finnish spirit.

Each mixed media panel is painted on Baltic Birch as the foundation, with the grains of the wood left exposed in some areas. Each panel is finished with a high gloss epoxy emphasizing the natural grain of the wood against the vibrancy of the acrylic paint and material used to create this unique art. The scene depicts 4 seasons with 4 iconic trees to both Northern Ontario and Finland. The Finnish National flower (Lily of the Valley) and Ontario's Provincial flower (Trillium) can be found in the spring scene.

A Whooper Swan flies above the textile and mixed media pieces. She holds in her beak all of the materials and threads used in the creation of the works below as a legacy to the stories of men and women, over centuries and across continents. This hand-carved bird is made of solid cherry and demonstrates the strength and perseverance of early immigrants to Canada. The Whooper Swan is the national bird of Finland.



Juuremme pisto pistolta - elämämme säikeet

Tämän projektin tavoitteena oli tulkita Suomesta Kanadaan muuttaneiden siirtolaisten historiaa ja kuvata heidän kulttuuriaan ja elämäänsä taktiillisessa ja värikkäässä taideinstallaatiossa.

Tämän "Juuremme pisto pistolta" -installaation tekstiiliaines koostuu pienistä neliöistä vanhoilla kankailla, joihin Finlandiakylän asukkaat tekivät koruompeleita. Ne symboloivat vuosikymmenten tarinoita, jotka on kirjaimellisesti kudottu teoksessa käytettyihin vanhoihin pöytä- ja lautasliinoihin. Teoksen kolme hopeista koivua kuvaavat visuaalisesti sisua - Suomen kansallispuun sitkeyttä säästä, taudeista ja myrkyille alistumisesta huolimatta. Vaakasuorat pistot jäljittelevät perinnäistä räsymattoa, jolla on pitkä historia tärkeänä osana suomalaista kulttuuria.

"Elämämme säikeet" -nimiset neljä paneelia kertovat Pohjois-Ontarion luonnon tärkeydestä varhaisille siirtolaisille heidän etsiessään kotoista maisemaa. Suomalaisilla on harvinaisen läheinen suhde luontoon ja vaihtuviin vuodenaikoihin. Tämä värikäs polyptyykkityö muistuttaa siitä, että luonnon kululla on - ja tulee olemaan - tärkeä osa suomalaisuudessa.

Jokainen multimediapaneeli on maalattu baltiankoivupuulle. Puun uurteet ovat paikoitellen näkyvissä. Jokainen paneeli viimeistellään korkeakiiltoisella lakalla korostamaan puun luonnollisia uurteita vastakohtana akryylimaalain kirkkaudelle ja materiaalille, jota on käytetty tämän uniikkitaiteen valmistamiseen. Paneelissa kuvataan neljä vuodenaikaa neljällä sekä Pohjois-Ontariolle että Suomelle ikonisella puulla. Suomen kansalliskukka kielo ja Ontarion maakuntakukka trillium löytyvät kevätpaneelistä.

Laulujoutsen lentää tekstiili- ja multimediaosien yläpuolella. Se pitää nokassaan kaikkia niitä materiaaleja ja lankoja, joita on käytetty alapuolella olevien töiden luomiseen perintönä miesten ja naisten tarinoista kautta vuosisatojen ja yli mantereiden. Tämä käsin kaiverrettu lintu on tehty aidosta kirsikkapuusta ja on osoitus Kanadaan tulleiden siirtolaisten luonteen lujudesta ja peräänantamattomuudesta. Laulujoutsen on Suomen kansallislintu.



Stitching our Roots — Threads of our Lifetime

Local artist, Gillian Schultze, invited us to participate in a threading project. All pieces submitted were incorporated into a piece of art on a separate panel that is included in the final installation.





About the Artists

Gillian Schulze and Chris Gore are the creative partnership who designed and brought this art installation to fruition. Gillian is a full-time artist who was born and raised in the City of Greater Sudbury. Many Sudburians will easily recognize the strikingly unique style of Gillian's work, as she incorporates textile and thread to bring her imagination to life in her art. Hers is an art form that speaks to the beauty of the landscape, often depicting the trees, rocks, birds, and waters of Northeastern Ontario. What is most unique in her work is that she advocates for the protection of our wilderness areas in the province by celebrating and raising awareness of the sheer beauty of those spaces. Chris spent his full-time career as a community builder working on a number of significant projects throughout the city. In his retirement, he discovered that he is a meticulous woodworker, creating unique frames for Gillian's creations, as well as handcrafting original works of art.

Gillian Schulze ja Chris Gore ovat tämän taideinstallaation luovat suunnittelijat ja toteuttajat. Gillian on Sudburyssa syntynyt ja kasvanut täysiaikainen taiteilija. Monet kaupunkilaiset tunnistavat helposti Gillianin töiden säväyttävän tyylin: yhdistämällä tekstiilejä ja lankoja hän herättää mielikuvituksensa eloon taiteessaan. Hänen taiteensa kertoo maiseman kauneudesta ja kuvaa usein Koillis-Ontarion puita, kallioita, lintuja ja vesistöjä. Ainutlaatuisinta hänen töissään on se, että hän puhuu taiteellaan provinssin erämaa-alueiden suojaamisen puolesta ja edistää tietoisuutta niiden kauneudesta. Chris teki työuransa yhteiskunta-alalla ja osallistui moneen merkittävään projektiin eri puolilla kaupunkia. Eläkkeellä ollessaan hän huomasi olevansa tarkka ja huolellinen puutöiden tekijä, joka valmistaa omaperäisiä kehyksiä Gillianin taidetöille sekä tekee käsityönä omia taideteoksia.

hello SUMMER!



ICE CREAM SOCIAL



Aloha



**LEMONADE
STAND**

WITH A TWIST



The Life Enrichment Department is hosting a Lemonade Stand for Residents of Hoivakoti, the Twist is they need to pay for their lemonade, but with pop tabs! The pop tabs will then be donated to the Physio Department as part of their current pop can collection. The LES Department is asking everyone to save their pop tabs in a baggie and bring them to the following locations for drop off , **no later than August 23rd:**

Finlandiakoti/Palvelukoti: Palvelukoti Lobby Reception

Majatalo/Rivitalo/Lepokoti/Hoivakoti: Main Reception in Hoivakoti

If you are unable to bring the pop tabs to the above locations,
please call Jeanna at 705-524-3137 ext. 269

· Kiitos! ~ Thank you!

**Do you have DVD's sitting on your
shelf collecting dust?!**



We will gladly give them a new home
and use them at our movie matinee's
starting in September!

Please contact Jeanna at 705-524-3137 ext. 269

FINLANDIA TRAIL TREKKERS



TRAIL TREKKERS IS AN ALL SEASON, OUTDOOR TRAIL WALKING PROGRAM. THE WALKING IS DONE MOSTLY ON THE FINLANDIA VILLAGE PROPERTY

THROUGHOUT THE TRAILS THERE ARE VARIOUS FITNESS STOPS AND THE SESSIONS FINISH WITH A COOL DOWN CONSISTING OF BOTH STRETCHING AND BALANCE EXERCISES.

THE TREKKERS WALK EVERY MONDAY & WEDNESDAY AT 2:00 PM

ALL WALKERS MEET OUTSIDE PALVELUKOTI (BLOCK B)

THERE ARE THREE WALKING GROUPS - EACH A DIFFERENT DISTANCE/DIFFICULTY RANGING FROM 20 MINUTES TO 1 HOUR IN LENGTH

ALL RESIDESNTS FROM THE VILLAGE ARE WELCOME TO JOIN!





On June 29th, Finnish residents, volunteers and board members met with local Scouts to share a little bit about Finland and what to expect, as the group prepares to attend the 8th Annual Finnjamboree deep in the Evo Forest in mid-July. The event was a great success, and we look forward to meeting with them again to hear all about their experiences. Safe Travels!!



ONNEA TIIA JA DARIN!



Kuvassa juhannuksena häitään juhlineet Tiia Lehikoinen (työharjoittelija keväällä 2018) ja Darian Bailey. Heti ensitapaamisesta alkoi avioliittoon johtanut seurustelu.

Aika ja välimatka vain vahvistivat suhdetta.

Nuoripari aikoo asettua Suomeen pysyvästi. Darian haluaa oppia suomen kielen ja ryhtyä opiskelemaan. Haluamme toivottaa Tiialle ja Darianille kaikkea hyvää ja kaunista yhteiselle matkalle!

Tiia Lehikoinen was one of our three placements students from Finland in the spring of 2018. While in Sudbury she met Darian Bailey from Sturgeon Falls, they fell in love. Time and distance were no match to their love. So on June 25th, the Finnish juhannus day, Tiia and Darian became husband and wife. They will be living in Finland.

Finlandiakoti and Palvelukoti Volunteer Escort and Porter Services

Volunteer escort and wheel chair porter services are available for residents to travel through the building to attend appointments at Dr. Presenza's medical clinic.

Please contact Jeanna at Volunteer Services to request a volunteer in advance of your appointment. 705-524-3137 ext. 269

