

**JUNE IS
SENIORS MONTH**



**HAPPY
FATHER'S DAY
JUNE 16th**

**JUHANNUS
MIDSUMMER (FINLAND)**

JUNE 22nd



2024 Employee Appreciation Service Awards & BBQ



An Employee Appreciation Service Awards and BBQ was held for Finlandia team members. Sharing our appreciation for all our team who make a difference at Finlandia Village. Kiitos for your caring, and for sharing your valued contributions and your commitment to high standards of Senior care in our community.

At Finlandia Village we believe in recognizing the dedication and hard work of our team members through Employee Appreciation Service Awards.

These awards honor employees who have shown exceptional service to the Residents and the Village. From milestone anniversaries of 30 years to 5 years, we celebrate you all here today. We acknowledge the contributions of our team members who make a difference every day in the lives of those we care for.

To everyone else celebrating 5 years and up, thank you for your invaluable contributions and for being an integral part of our Finlandia family.

A special thank you to Kristiina Koskela and Janet Strum who were recognized for 30 years of service. Carole Varey celebrates 44 years of caring and sharing. Your unwavering commitment and passion have made a lasting impact on the Residents, their families and our entire community. Your hard work, loyalty, and compassion are truly inspiring. KIITOS!!





TEAM UP to CLEAN UP

Volunteers, Residents, and Team members joined forces on May 1st, and beat the rain, for our annual Clean-up Blitz & BBQ. These efforts not only beautify our surroundings but also foster a sense of pride and unity. It's heartwarming to see everyone coming together to help improve their community. Our Village grounds look amazing, all because of our hard work. Kiitos... what a great day!!

Congratulations to Etta and Taisto, our Blitz floral basket winners!



A Mother
Flis Like a
flower
each one is
Beautiful and Unique



In the spirit of sharing and caring, special tulip bouquets were delivered to all Mother's at Finlandia Village. Kiitos to the Lougheed Foundation for the generous gift, and for showing you care by sharing. Smiles and hugs were as plentiful as the tulips!



Hundreds of smile cookies were delivered to Finlandia Village for sharing with our Residents and Team Members.

It takes a community coming together to make a difference. Thank you for caring and sharing your smiles!

Kiitos to the Sudbury Food Bank, the Lougheed Foundation and SISU.

It was a day filled with smiles, gratitude and special deliveries.

Mayfair was a GREAT Success!!

Mayfair has returned from a four year hiatus and our new format was a GREAT SUCCESS and a lot of FUN!! The vendors had great exposure with many positive reviews, past volunteers were thrilled to be back, new volunteers had a really great first experience, kids and even some adults had a blast at our new Fun Zone area, and our first ever Finlandia Village Bussi shuttle worked like a charm! AND, our Ladies Auxiliary, with no surprise, sold 300 loaves of their delicious pulla and many baggies of pikku pulla and korpapuusti within 40 minutes!! AMAZING!!

KIITOS—KIITOS—KIITOS to everyone who supported Mayfair in every way, without your support we would not have raised **\$9,200** in four hours... **WOW!!!** All proceeds will be shared between our Cultural Programs and the SISU Foundation Sharing is Caring Capital Campaign.

We look forward to hosting Mayfair again next year.... and celebrating 35 years!!

Congratulations to our Mayfair Gift Basket winners:

Finnish Themed Basket: **Pekka Kontio**

Kids Summer Fun Bucket: **Lynda Joannis**



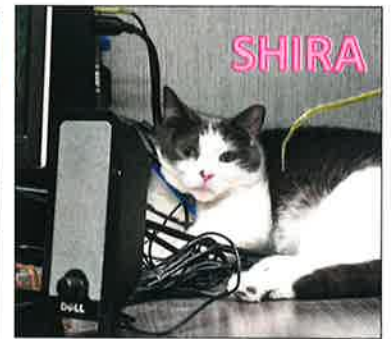
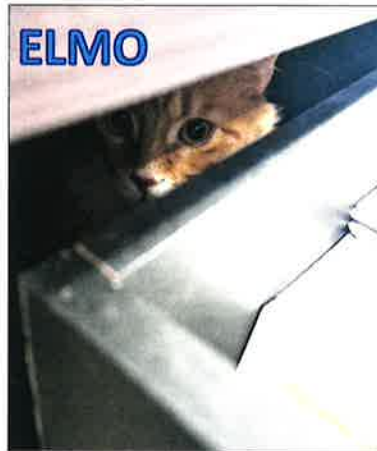
KIITOS!!





The Duet Bike is out in full force!! The wheels were burning this past week as Pat in Life Enrichment took Residents on a ride-about nearly all day long! Thanks to Pat, our folks had a fantastic day riding through Finlandia grounds, getting some wind in their hair!!

VROOM!



Meet Shira and Elmo... Our newest additions in Hoivakoti... they have come a long way since April and are feeling more comfortable in their new Castle... Suzie, on the other hand, may need a little more time to adjust to her new house-mates.

Purrfect Additions



So Sweet



KIITOS to Community Living Greater Sudbury for their most adorable hand painted pots filled with summer garden vegetable seeds to help get our gardens growing! The donation is from the folks at The Skills Centre who brought us a little bit of joy to our gardens and our hearts. These plant pots have definitely made our folks very happy!



Lo-Ellen Park grade 11/12 students paid a visit and interviewed some of our Residents about their lifetime, from birth to present day, and created a very special memoire poster that was gifted to each Resident to cherish with their loved ones. This was a very touching experience for both the students and the Residents.



More memories were made when Lo-Ellen Park grade 11/12 students returned for a visit of a different kind... The R.L. Beatie kindergarten class joined forces for a BIG FUN DAY with Hoivakoti Residents and the Residents that participated in the Memoire Project...

Everyone enjoyed fun filled games, a sing-along, reading limerick poems and a nice healthy snack. The R.L. Beatie students also made a special gift for each Residents... handmade non-slip socks... so kind!!



Celebrating 64 Years in Concert

The Sudbury Finnish Male Choir celebrated its 64th year with a concert on Sunday, April 28, 2024, at Finlandia Village's Voima Hall.

The choir has been based at the Village since the 1990's, rehearsing in the Finlandiakoti Sali on Monday nights.

Sunday afternoon's concert to a packed house covered a smorgasbord of musical styles, from classic Finnish folk and dance tunes to more modern sea shanties and folk songs in English.

As well as a piece from one of the choir's new soloists, Jussi Kivistö, the audience was entertained by two songs from special guest Ella Koskela, accompanied by Damien Laframboise.

Maurice Obonsawin was presented with a lapel pin marking his first year with the choir.

The twelve-man choir is directed by Elias Saari, who first joined the choir in 1974, and accompanied by Jarmo Saari, who moved from the singing ranks to the piano upon the retirement of the choir's previous accompanist.

The choir's fall season will begin in September: New singers of all ages are invited to call Elias Saari (705) 470-2831 for more information



Sudbury'n Mieslaulajat juhlivat 64 vuotta

Sudbury'n Mieslaulajat juhlivat 64 vuotta konsertilla sunnuntaina, huhtikuun 28, 2024, Finlandia Kylän Voima Hallilla.

Kuoron tukikohta on ollut Kylällä 1990 luvulta saakka, harjoiteellen Finlandiakoti Salissa maanantai iltoisin.

Sunnuntai iltapäivän konserti, täydelle salille, käsitti monipuolisia musikki tyylejä, klassillisita suomalaisista kansanlauluista ja tanssi sävelistä moderneihin merimieslauluihin ja kansanlauluihin englanniksi.

Yleisöä viihdytti esityksellä eräs kuoron uusista solisteista, Jussi Kivistö, ja juhluvieras Ella Koskela lauloi kaksi laulua Damien Laframbois'n säestäessä.

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Maurice Obonsawin'lle ojennettiin ensimmäisen vuoden rintamerkki.

Kolmetoista-miehistä kuoroa johtaa Elias Saari, joka yhtyi kuoroon 1974, ja säestyksestä huolehtii Jarmo Saari, joka siirtyi rivimiehestä pianon ääreen edellisen säestäjän jäädessä eläkkeelle.

Kuoron syyskausi alkaa syyskuussa: Kaikenikäiset uudet laulajat voivat soittaa Elias Saari (705) 470-2831 saada lisätietoja.



Assisted Living and Personal Support Services Summer Edition!

Summer Safety Tips

Summer has arrived, which often means more time outdoors. Here are 5 tips to help keep you safe and healthy while enjoying the warmer temperatures:

1. Drink more fluids and maintain hydration.
2. Wear sunscreen and reapply at least every 2 hours.
3. Dress properly for the weather ie. lightweight clothing, sunglasses and a wide brimmed hat.
4. Avoid going outside in high temperatures and know the signs of heat stroke.
5. Be aware that some medications may cause increased sensitivity to the sun and know of any interactions with your own medications.

Summer Quality Improvement We have streamlined our admission process to minimize confusion during this transition. Now our Assisted Living Supervisors will meet with you and your family to discuss our programs and services that are available to you at Finlandia.

Summer Services Assisted Living Staff



Julie – RPN, Assisted Living Supervisor

Julie has been an RPN for 10 years and has worked at Finlandia Village for the past 2 years. She values that Finlandia Village is a family-oriented organization that invests in their staff. Julie is passionate about the Supervisor role and enjoys supporting Residents and their families in being active participants in their care.

Summer Wellness

Ramen Noodle Salad



Ingredients

- 2 tablespoons butter
- 3 ounce package ramen noodles, seasoning packet removed
- 1/2 cup slivered almonds
- 3 tablespoons sesame seeds
- 1 1/2 lbs Napa cabbage (8-10 cups shredded)
- 1 bunch green onions, sliced thin, (1/2 cup)

Dressing Ingredients

- 1/2 cup light flavored olive oil
- 1/4 cup plain white vinegar
- 1/2 cup white sugar
- 2 tablespoons low-sodium soy sauce

Instructions

To make the dressing: Combine the oil, vinegar, sugar, and soy sauce in a jar and shake until the sugar has dissolved.

Melt the butter in a large skillet over medium heat. While the butter is melting, crush the ramen noodles while still inside the package. Remove the seasoning packet and throw away (or set aside for later use). Add the noodles, almonds, and sesame seeds to the melted butter in the skillet.

Sauté while stirring frequently, until the noodle mixture is golden brown. Remove to a plate and let cool.

Shred the cabbage and combine the cabbage and onions in a large mixing bowl. Add the noodle mixture. Pour the dressing over the salad and toss well to combine.

Serve immediately and ENJOY!!



Aldythe Rogerson, b. March 15th, 1924

Aldythe's family held a lovely party for her at the Legion in Port Loring, where she grew up. Friends and relatives traveled from BC, Alberta, Michigan, Maine and many parts of Ontario. 160 people gathered to celebrate her reaching such a beautiful milestone. Happy 100th Birthday!



Sanni Sarkka, b. April 03, 1924



Sanni's family, nieces and nephew came from Finland to celebrate her milestone Birthday.

Also pictured is Pastor Markus.

What a beautiful milestone to reach... Hyvää syntymäpäivää!!



Honorable 100+ Birthday mentions from January to August 2024

Suzette Lavoie, 101, March 2024

Alice Knipfel, 102, August 2024

Regina Toplinski, 103, August 2024

**Happy
Birthday**



Crossword Puzzle

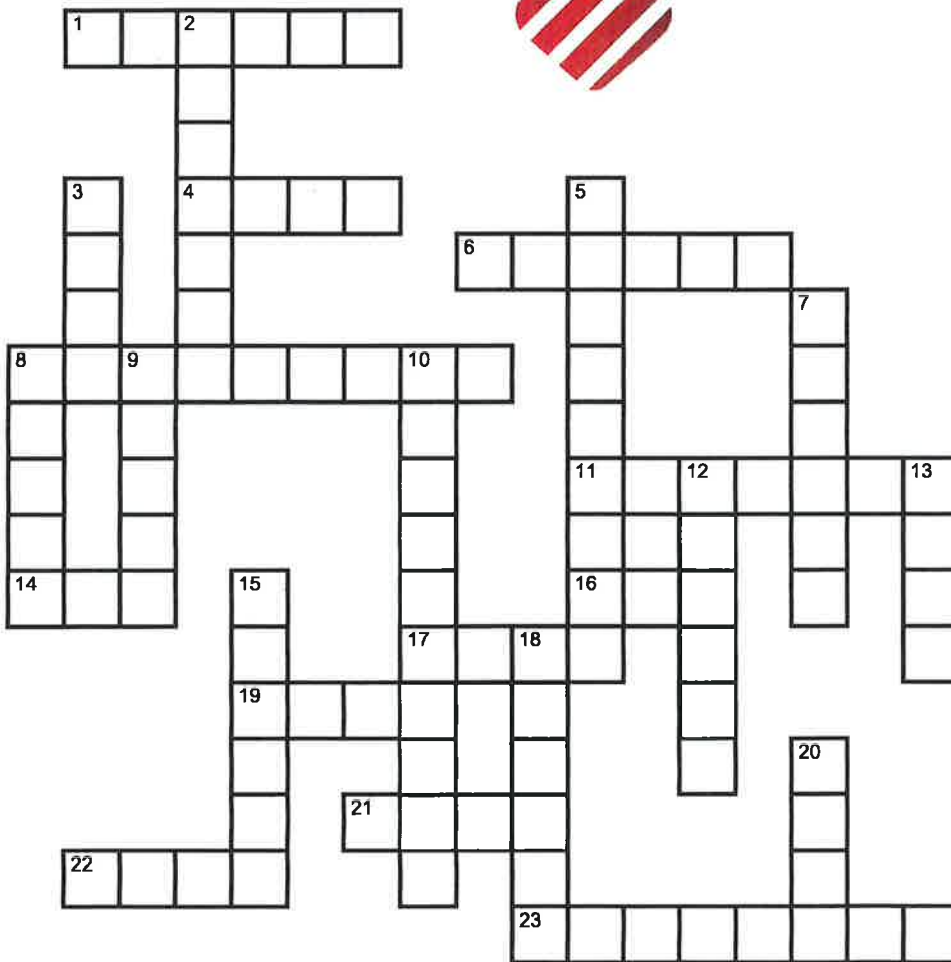


ACROSS

1. Male parent.
4. Hallmark specialty: greeting ____.
6. Physically and mentally robust.
8. Male head of the family.
11. Recreational activity for some fathers.
14. Another name for father.
16. Male offspring.
17. Token of appreciation.
19. Affection and devotion.
21. Month in which Father's Day is celebrated.
22. Loud explosive sounds and also an informal term for dad.
23. Female offspring.

DOWN

2. Source of wisdom and guidance.
3. Biggest of the Three Bears.
5. Might be served in bed on Father's Day.
7. Closeknit group of relatives
8. Feeling of satisfaction and fulfillment.
9. Father's Day is on the ____ Sunday of the month.
10. Brave and determined.
12. Day of the week for Father's Day.
13. Popular sport for some fathers.
15. Beliefs and principles that are important
18. Companion and confidant.
20. Superlative form of good.



Best	Courageous	Family	Friend	June	Patriarch	Son	Teacher
Breakfast	Dad	Father	Gift	Love	Pops	Strong	Third
Card	Daughter	Fishing	Golf	Papa	Proud	Sunday	Values



Campfire



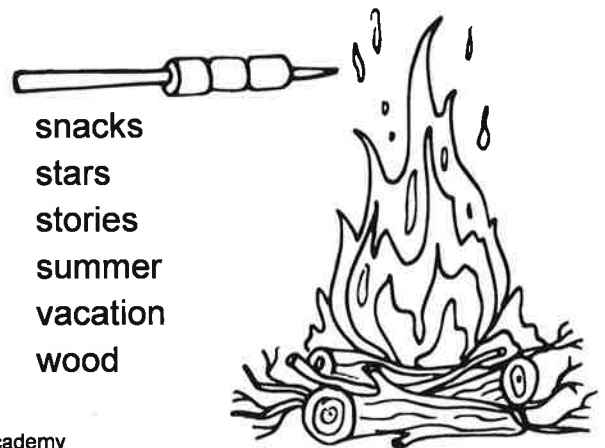
N H T S E R O F P L I X C J U Y A D
 C K Q H Z X S V N O B F S E K O M S
 S Y L E N G A J S U M M E R X F W H
 T G B V O T K C G D R Q A Z I O P C
 A X N D J E H S Y F N U B G L A T M
 R W T I U Q P G M C Z S O L B S H L
 S O F X K R N O I T A C A V E N U C
 H O S E A O L B S N R M J W D A Q Z
 V D G Y T P O X U M H U P S T C X I
 T A N J R G W C Q S O Z L F M K B J
 I P O T M A B H R V P R D X I S Y T
 B Z L C V S T A F O K G E N Q R S W
 E M A L F E M I T X O Y V S U N E P
 J U G P Q H R W U B R D K H Z L I K
 X E N S K C I T S G N I T S A O R F
 L V I R D T Z A Q P J H M U W G O Y
 F M S B L A N K E T X W L C O J T N
 D J Z W G M Y P H E R U T A N V S G

blanket
 bug spray
 campfire
 chairs
 flame
 forest

guitar
 hot dogs
 log
 marshmallows
 matches
 nature

night
 outdoor cooking
 roasting sticks
 s'mores
 sing alongs
 smoke

snacks
 stars
 stories
 summer
 vacation
 wood



SISU Sharing is Caring



Thank you to Gerry and Geoffrey Lougheed- Lougheed Foundation for their transformational donation of \$ 500,000 to kick start the Capital Campaign SISU Sharing is Caring.



SISU Family Walk

Come one, come all and walk with us!

Saturday September 21, 2024



Gather your team together and fundraiser to walk with SISU and give seniors a home when they need it the most.

SISU Sharing is Caring.



Presidents Dinner

An evening of celebration and SISU

THURSDAY, NOVEMBER 14, 2024

TICKETS \$100

**includes partial charitable taxation receipt*

**Puheenjohtajan illalliset
torstaina 14.11.2024**

Iltajuhla SISU-säätiön hyväksi

Liput \$100

SISU AWARD RECIPIENT 2024

David Munch

Generously sponsored by the Lougheed Foundation

Your Sharing is Caring



Together, we can build a new home for seniors. Thank you for sharing your SISU.