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CODE WHITE

CODE WHITE refers to a trained team response to a disturbance that is a behavioural emergency involving residents within the health care setting.

CODE WHITE PROCEDURE

Expected Response from the First Person on the Scene:

The person who determines that someone (resident, staff member or visitor) is displaying verbal, physical, or sexual aggression will:

1. **Shout “CODE WHITE”** to summon any assistance available in the immediate area. Staff working in or near the area should proceed to pull the call bell out of the wall unit to indicate a Staff Assist, and then direct staff who respond to the code to contact the RPN/RN.

2. Assess behaviour level and determine whether the resident is a threat to self or others.

Please Note: In the event that a staff member, volunteer or visitor is displaying potentially violent behaviour, **Call 9-1-1 immediately.**

- If the resident is a **THREAT**, immediately call Charge RN at 705-920-2640. The Charge RN is to



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evaluate whether the incident deems police intervention, such as weapons are involved, or the immediate safety of staff or visitors is threatened and there is no foreseeable intervention that will de-escalate the incident without risk of harm to self or others.

If police intervention is required, direct the staff that responds to the code to Call “9-1-1” and state that a resident is demonstrating potentially violent behaviour.

- If the resident is NOT a threat, then organize home area staff to de-escalate the situation by doing the following:
 - o If possible, remove all individuals (residents, visitors, etc.) in immediate danger to a safe area.
 - o Identify nearest exit from room and keep exit clear of obstacles. Staff should position themselves so that they are closest to the exit, and away from aggressor.
 - o Reduce stimulation in the area by turning off radios, TVs, other noise producing equipment
 - o Reduce activity
 - o Speak calmly and in a quiet manner.
 - o Remove any objects such as keys, necklaces name tags or phones, from the responder that can be used as a weapon.
 - o Remove any loose equipment or potentially dangerous objects that could be used as a weapon or cause injury.
 - o Provide choices and support to the person exhibiting (potentially) violent behaviour.



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4. Once the behaviour de-escalates, staff will step-down and debrief.
5. The registered staff will document the incident and include the interventions that were effective in de-escalating the situation. If a staff/visitor is injured, then complete an Incident Report. If the police are called, the Charge RN must complete an Unusual Occurrence report.

Note: Any other nursing personnel (Rai Coordinator, Nursing Managers, etc.) and/or any other staff who are available will respond to a CODE WHITE as able to increase the speed and effectiveness of the emergency response.